

Child Care Central

October, November, December 2008



Information and News

Attention Providers!

Due to an unanticipated budget cut, CCC has adapted our training plan to conform to our limited funding.



CCC will continue to offer two monthly training sessions in the counties of Calhoun, Etowah and Talladega. CCC will offer quarterly training in the counties of Cleburne, Clay, Coosa, Randolph and St. Clair.

To further assist providers in obtaining training hours, CCC will offer Saturday training sessions, each quarter, in the counties of Calhoun and Etowah.

CCC will continue to offer the *Basics in Child Care* course and Director Training.

The Resource Centers in Anniston, Gadsden and Talladega will remain open, but the operating hours will be reduced from the present hours. (Please see back page for updated Resource Room hours).

Even with this budget cut, the CCC Training Staff continues to be committed to providing exciting and innovative training sessions to assist you in enhancing the quality of care in your child care setting.

Please refer to the grid insert to check time and dates of upcoming training sessions. *To accommodate providers who will need to travel to training sessions, CCC will start all night trainings at 6:30 pm.*



Please call Kelly Mumper, Training Director, if you have questions or concerns.

Helping children cope with holiday stress

Whatever your special holiday, the holiday season can cause stress in young children. Children respond to stress in their own ways: crying, tantrums, clinging, excessive energy, temporary regression such as thumb sucking and many other ways. We can't eliminate all holiday stress, but we can teach healthy ways to deal with stressful situations!

Stress reduction activities can include:



- Make "waiting" boxes to take along. Include things such as paper, coloring materials, small games, or books.
- Listen to the rain fall...or other comforting sounds.
- Give your child a back rub.
- Dance around to music.
- Play finger games or counting games.
- Plan a surprise or do something special for someone else.
- Make silly faces. Laugh!
- Exercise! Exercise! Exercise!

Information obtained from:

<http://www.metrokc.gov/health/childcare/holidaystress.htm>

CCC will be closed the following dates:



Monday, October, 13, 2008
Tuesday, November 11, 2008
Thursday, November 27, 2008
Thursday, December, 25, 2008

Please turn the page to read CCC Training Policies



News from Gadsden State Community College

Words from Williams



The heat of the summer is almost over and fall is in the air. The students participating in the fall semester at the Ayers Campus of GSCC all seem excited about what they are going to learn about children this term.

If you missed registering for classes this fall, you need to consider taking classes beginning in January. Registration for spring classes begin December 1, 2008. All Child Development classes will be internet or hybrid to make it easier for you to work, take care of your family, and go to school.

Classes will be taught that apply to the CDA, P-3 add-on, and Associates in Applied Science in Child Development. Classes are \$90.00 per credit hour and most classes are 3-hour classes.

If you need further information, please call or e-mail me.

Cindy Williams
cwilliams@gadsdenstate.edu
(256) 835-5429

Gwen's Gazette

There are lots of great things happening at the GSCC on Wallace Drive. We have enrolled many new students this semester and we are already involved in lots of exciting activities.

There will be a Pre-reading Seminar in October and it is still not too late to sign up. The dates are October 18th and 25th and there will be exciting new ideas for every early reading program.

We are already finalizing the Spring schedule and will have internet and in class courses available. Early registration will begin on December 1, 2008.

Look for exciting new prospective jobs that will be coming available for our students in the near future.

Please contact me by phone or e-mail to get more information about our growing program.

Gwen Ford
gford@gadsdenstate.edu
(256) 549-8335



CCC Training Policies

Please read the following information carefully before registering for training sessions.

CCC, through a collaboration with Gadsden State Community College, offers Continuing Education Units (C.E.U.) training credit for all training sessions offered. This is your assurance that our sessions meet stringent quality requirements.

In order to receive credit for training sessions, participants are expected to **arrive on time** and stay for the entire session, participate actively in session activities, and be prepared to take part in a pre- and post- test intended to evaluate learning outcomes and the training experience.

Participants arriving more than 15 minutes late to training sessions will be asked to choose another training session to attend.

Participants must pre-register for all training sessions. **Please register by calling:**

Kelly Mumper at (256) 362-1390 or e-mail at: kelly.mumper@dhr.alabama.gov

Especially for Directors

Evaluating Staff

Evaluating staff is an essential component of running a quality child care program. This informative session will provide directors with valuable information on evaluating staff and will provide sample evaluation tools.

*Alabama Minimum Standards Area:
Administration and Management*



CPR and First Aid Training

Cyndy Henderson, Healthy Child Care Alabama, will facilitate the following sessions:

Anniston:

Saturday, Nov. 15, 2008; 9:00 am - 1:00 pm
CCC Resource Center, GSCC

Gadsden:

Thursday, Oct. 30, 2008; 9:00 am - 1:00 pm
CCC Resource Center, GSCC



Monthly Training

October



Daily Lesson Plans

Using lesson plans in the child care environment.

Alabama Minimum Standards Area:
Quality Child Care and Licensing or Child Development



Infant/Toddler Experience

Incorporating infant and toddler activities in your daily lesson plans.

Alabama Minimum Standards Area:
Child Development or Quality Child Care and Licensing

November

Yoga for Children



Exploring relaxation techniques to help young children de-stress.

Alabama Minimum Standards Area:
Health, Safety and Universal Precautions or Child Development



Transforming Superhero Play in the Classroom

Alleviate adults' worries about superhero play and allow children to do what they do best-play.

Alabama Minimum Standards Area:
Positive Discipline and Guidance or Child Development

December



Terrific Teeth

Brushing up on dental health including new activities and songs.

Alabama Minimum Standards Area:
Health, Safety and Universal Precautions or Quality Child Care and Licensing



A Show of Hands

Using puppets in your child care setting.

Alabama Minimum Standards Area:
Language Development or Quality Child Care and Licensing

Saturday Training

Music Play



This educational, fun-filled session will assist providers in rediscovering the pure joy of playing music and movement games with the children in their care!

Alabama Minimum Standards Area:
Language Development or Quality Child Care and Licensing

Winter Fest!

Get ready for winter! In this session, providers will explore developmentally appropriate winter activities to explore with the children in their care.



Alabama Minimum Standards Area:
Quality Child Care and Licensing

Anniston Location

- Date: Saturday, October 25, 2008
- Time: 8:00 am –12:00 pm
- Location: Ayers Campus, GSCC, Child Development Classroom

Gadsden Location

- Date: Saturday, November 1, 2008
- Time: 8:00 am - 12:00 pm
- Location: Gadsden Campus, GSCC, CCC Resource Center

New Teacher Training Basics In Child Care Course



This 12-hour, 2-session course, meets all requirements of the *Revised Minimum Standards* of the State of Alabama for new employees in the Early Childhood field.



Alabama Minimum Standards Area:
2 hours training in each area required by The State of Alabama *Revised Minimum Standards*

Please refer to the enclosed grid for location, date and times of available training sessions.



Need Activity ideas?

CCC has resource activity packets ready to mail-out to you! Just give us a call and we will send a packet to you full of art, science, math and circle time activities!

Available themes are :

Pumpkins

Harvest

Gingerbread People



Call Kelly at (256) 362-1390 to order!



Happy Holidays from the Child Care Central Training Staff!



Child Care Central Resource Center Schedule

Ayers Campus Center

Gadsden State Community College
Monday-Thursday: 2:00-4:30 PM

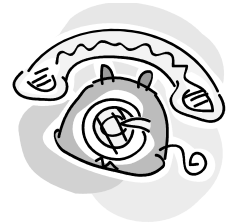
Gadsden Campus Center

Gadsden State Community College
Operating hours will be updated and mailed to providers soon. Please call Kelly for assistance.

Talladega Center

Please call to schedule time.

Attention: If you need to use the Resource Centers at a time that is not listed, please call Kelly at (256) 362-1390 to schedule an alternate time.



CCC, a division of TCR Child Care Corporation, is provided through a contract with the Alabama Department of Human Resources.



(256) 362-1390

925 North Street
Talladega, AL 35160

Serving Calhoun, Clay, Cleburne,
Coosa, Etowah, Randolph,
St. Clair, and Talladega Counties



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